

Female Body/Self Image
Replacing Image with Authenticity
Healing the Collective Consciousness by Healing Ourselves
Saturday August 17th, 2013 9-4pm
Ancient Future Urban Sanctuary
2331 K St, Sacramento 95818

This is not about self improvement or fixing something
This is about Unveiling the Essence of You
(which just happens to be LOVE)

- Are you feeling a longing to experience more inner depth and peace and outer passion and creativity?
- Are you experiencing moments of peace, followed by feeling insane or seemingly old issues popping up again?
- Are you ready to surrender the chatter of your mind about who you are supposed to be so who you are can emerge fully?
- Are you ready to truly let go of attachment to people, situations or dreams, and judgment of self and other?
- Are you willing to join together to look at the resistance you have to your own freedom and full expression?
- Are you ready to effortlessly serve others and this planet in new and wondrous ways?

Includes light lunch (we got your feedback) \$155 or Early Bird Special if received by July 30th - \$125
Payment - Please send Check to Judy Guadalupe PO Box 222427 Sac 95822
or Come into Ancient Future have some tea, lunch and leave a check with person in the Gift Shop

Last gathering, 27 women entered together the truth of our essence. We were able to collectively witness the shared insanity we have inherited around image, our bodies and limited, negative thought forms. WE gathered and cried, laughed, moved the thought forms and allowed emotions to flow, hearts to heal and spirits to SOAR.

Are you ready? This day will include: **LOTS OF JOY AND LAUGHTER** and..

- Transmissions of divine love that can trigger your awakening to your true divine essence
- Simple practices to move from negative chatter of the mind into your pure heart
- Collective & individual honoring/initiation of Self & others in this unprecedented moment of freedom
- Collective light language transmission (speaks directly to your Soul)
- Laughter and evidence of the human insanity that we have inherited and how we are privileged to free ourselves from these collective limiting beliefs, lineages, thought forms and chains that bind.
- Understanding that your willingness to free yourSelf is your gift to our planet and all life.

Judy Guadalupe is a spiritual awakening guide, intuitive healing facilitator, and inspirer for the soul. Her passion is to support awakening from the experience of separateness into the realization of our oneness, waking up as a family! Her training, life experience and presence create an atmosphere of deep comfort at the same time supporting you to move from your comfort zone into your zone of magnificence!

www.judyguadalupe.com Contact judy@judyguadalupe.com with questions or to register

Testimonials ~ I love Judy's gatherings. I am always amazed at how organically the experience unfolds. I never know what to expect, It is always different, and Spirit arises in pure beauty through Judy. I love having a place to come and experience Spirit unleashed! I always come away with a deeper remembering of why I am here. JA Sacramento

It was quite a beautiful vibrational state we created together on Saturday. I love how we worked mostly out of our minds and through movement, touch, inner listening, and allowing ourselves to be with what is. A new and delicious way to relate, flow and transform together. Thank you for having the courage to have a basic plan and flow with the Divine coming through. ES Fair Oaks

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www.ancientfuturenow.org